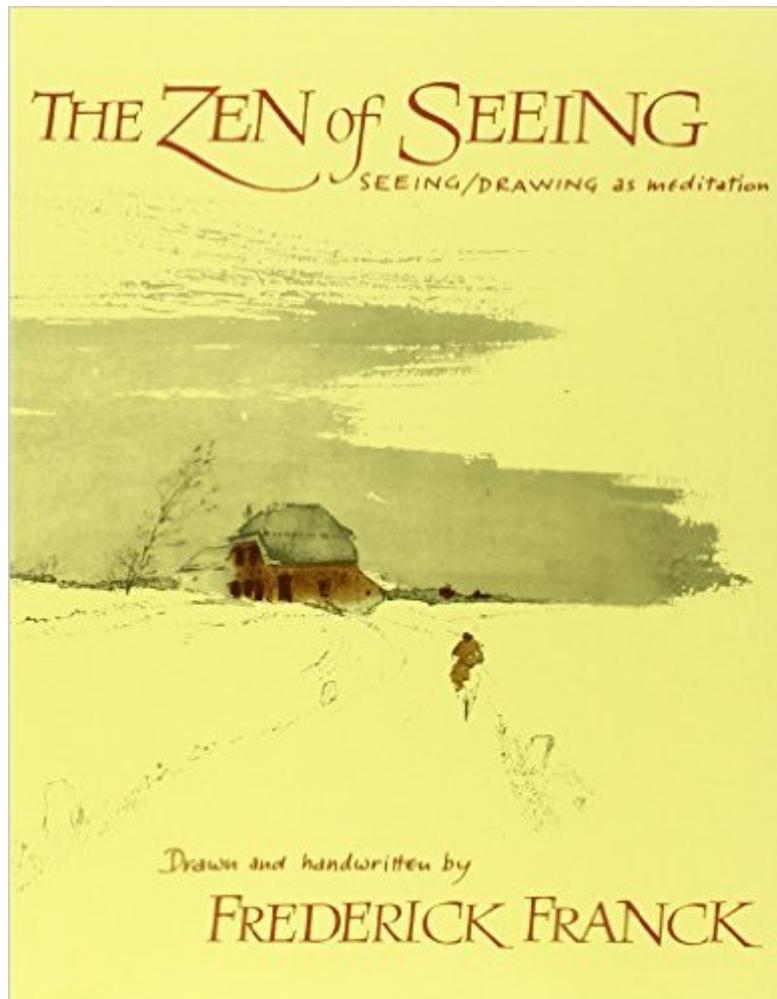


The book was found

The Zen Of Seeing: Seeing/Drawing As Meditation



Synopsis

A Dutch artist offers his concept of seeing and drawing as a discipline by which the world may be rediscovered, a way of experiencing Zen.

Book Information

Paperback: 130 pages

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Product Dimensions: 8.3 x 0.5 x 10.7 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ See all reviewsÂ (61 customer reviews)

Best Sellers Rank: #76,466 in Books (See Top 100 in Books) #89 inÂ Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Spirituality #16919 inÂ Books > Religion & Spirituality #19607 inÂ Books > Children's Books

Customer Reviews

Although the whole 'Zen and the Art of [fill in the blank]' shtick seems rather tired nowadays, this book was written back in the day before it had been done to death. And even though many of the insights in *Zen of Seeing* may now seem as trite as they are timeless, its hard to give this classic anything less than four stars, for it still manages to inspire, enlivened as it is by Franck's irascible spirit and sheer zest for life and the practice of drawing. What's more, this oversized trade paperback is filled with Franck's own uniquely beautiful pen and wash drawings--delicate, suggestive, almost calligraphic, they depict people, landscapes, animals, leaves, anything and everything that caught Franck's enlightened eye. And that's pretty much the point of *Zen of Seeing,* that all the Ten Thousand Things are worth seeing--and drawing--and by drawing even the lowliest insect or common weed, we see it and marvel at its inexpressible wonder for the very first time. This is really not a book about creating "Art." It's a book about the reverence of life for those who would use a sketchpad instead of a prayer book. Franck doesn't teach you about perspective or negative space, anatomy or shading--he's not teaching you *how to draw.* He's doing something far more important. He's showing you the *why of drawing.* You can draw on anything with anything and in the end it doesn't matter what your drawing looks like--or doesn't look like! What's important is the act of drawing itself, the quiet contemplation of the thing drawn that engages you fully in the

moment and opens your eyes and your heart to the world around you. Have you ever seen--really seen--a sparrow, a turnip, your child's face?

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